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## SOUTH AFRICAN WUSHU FEDERATION

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Dear SAWF Affiliates

30 April 2009

As reflected on the SAWF 2009 Calendar, I wish to remind all affiliates of the friendly San Shou competition scheduled to take place on 16 May 2009. The competition will be held at the **SA Wudang Wushu Institute at 98 Malcolm Road, Poortview, Roodepoort, Gauteng** (situated in the same street as the Roodepoort Botanical Gardens). All fighters and coaches are requested to arrive at the venue by no later than **08h30** on the morning of **16 May 2009** for registration, weighing-in and a general overview of the Sanshou Rules whereafter the competition will commence **between 09h00 and 09h30**.

The SAWF will provide head protectors, chest protectors and boxing gloves to all competitors. (Please note that competitors will be allowed to make use of their own gloves and protective gear provided that such equipment meets with the requirements in terms of the Sanshou Rules). Competitors are also requested to provide their own gum shields and groin guards and are required to ensure that they have one set of black clothing (shorts and vest) and one set of red clothing.

Instructors are requested to forward the names and relevant weight divisions of all their competitors to the Secretary General, Mr Byron Jacobs, by no later than close of business on Wednesday, 13 May 2009.

Should you have any queries concerning registration etc., please feel free to contact Mr Jacobs telephonically at any stage. Should you have any queries relating to the San Shou Rules,

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weight categories, permissible techniques, etc., please contact the Chairperson of the San Shou Committee, Mr Jurgens Lamprecht.

Best of luck to all competitors and coaches.

Kind regards

**ADV ASHLEY D BRANFORD**

President

S A Wushu Federation